



HOCKING VALLEY
Community Hospital

LEADING THE WAY TO A HEALTHIER COMMUNITY

MAR. 9, 2018

Weekly Update

Butterfly Ridge spreads wings of love to HVCH



Chris and Kris Kline, owners of Butterfly Ridge Butterfly Conservation Center, recently donated more than 50 butterfly gift packages to pediatric patients of Hocking Valley Community Hospital.

"We wanted to be able to lift the spirits of kids who end up at Hocking Valley Community Hospital for various medical reasons. I know if you're at a hospital as an adult it's not a happy thing, so we imagined how difficult it is for kids sometimes and wanted to do something

that would make the experience a little easier," Chris Kline said.

"We cannot thank Butterfly Ridge and the Klines enough for this beautiful donation. These items are given to children who need emotional support during visits to the Emergency Room, Urgent Care and during other tests. They provide comfort to the children and their families," said Michelle Matheny, HVCH ER Director. "We are so grateful for the many ways they support HVCH."

EVENTS CALENDAR

March 21: Auxiliary Book Sale HVCH Meeting Room

Sale is from 7:30 a.m. to 3:30 p.m. Come browse the latest titles at 30% to 70% off retail prices. A variety of books and other items will be available. A portion of the proceeds benefit Hocking Valley Community Hospital through the Auxiliary.

March 27: Donate Blood in Honor of Your Doctor — Blood Drive HVCH Meeting Room

Donate blood in honor of your doctor at our next HVCH blood drive on March 27. The blood drive will be held from 11 a.m. to 4 p.m. in the HVCH Meeting Room. To schedule an appointment, call the HVCH Lab at (740) 380-8218.

April 3: TWIG II Chinese Auction Hocking Co. Fairgrounds @ 5 PM

INSPIRATIONAL QUOTE OF THE WEEK

"Love yourself. It is important to stay positive because beauty comes from the inside out."

— Jenn Proske

Direct to You: From Julie Stuck, CEO

Writing this article just days before our Epic go Live certainly makes me reflect on all the hard work over the past year and one half to arrive at this point. So many people have been a part of this process and very soon it is coming to fruition.



Julie Stuck, CEO

his experience on the maze walls so others might learn from his adventures. I would like to share with you "The Handwriting on the Wall"

Change Happens – They keep moving the cheese.

Anticipate Change- Get ready for the cheese to move.

Monitor Change- Smell the cheese often so you know when it is getting old.

Adapt to Change Quickly- The quicker you let go of old cheese, the sooner you can enjoy new cheese.

Change- move with the cheese.

Enjoy Change! – Savor the adventure and enjoy the taste of new cheese.

Be Ready To Change Quickly and Enjoy It Again and Again- They keep moving the cheese.

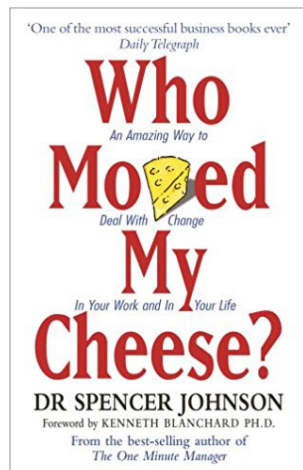
If anyone is interested in reading Who Moved My Cheese? I have a copy in my office that I would be happy to loan to you. It is an easy, short, read and well worth the time.

—Julie

Its hard to imagine all the advantages this change will make; not only for ourselves and the effects it will have on our work processes, but to our patients, customers and vendors. Without a doubt, this change will bring some apprehension, confusion, and maybe even a little stress but with all change, if we handle it right, we can have more success and less stress in our work and in our life.

I can't help thinking about one of my favorite managerial books Who Moved My Cheese? The book is a simple story written as a parable that talks about change. It's a story about four characters; Sniff and Scurry and Hem and Haw, who live in a "maze" and look for "cheese" to make them happy and to provide nourishment.

In the story, the characters face unexpected change and eventually, one handles the change successfully and documents



SAVE THE DATE



HOCKING VALLEY Community Hospital FOUNDATION ANNUAL GOLF TOURNAMENT





SATURDAY, JULY 14, 2018

HOCKING HILLS GOLF CLUB

ONE FLIGHT ONLY

REGISTER BY MAY 15TH TO
SAVE \$25 PER GOLFER

HVCH Cafeteria Menu March 12-16				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Manicotti	Hot Dog/Bun	Meatloaf	Baked Zucchini	Egg Omelet
Chicken Breast	Chicken Wings	Battered Cod	Chicken Breast	Breakfast
Honey Roasted Potatoes	Tator Tots	Breakfast Potato Casserole	Breadstick	Burrito
Succotash	Fried Corn	Asparagus w/ Cashews	Mixed Veggies	Sausage Patty
Zucchini	Broccoli	Cauliflower	Carrots	Bacon
Breadstick	Spanish Rice	Beef Pot Roast	Bean w/ Ham	Sausage
Italian	Tomato Soup	Soup	Soup	Gravy/Biscuits
Wedding Soup			Corn Muffin	Potato Bake
				Chick. Buffalo Soup



Great season Logan Chieftains!

HVCH showed its support for the LHS boys basketball team this week by donning the purple and white. Congratulations Chieftains on your winning season and making it to the district tournament.



Employees celebrate March birthdays

HVCH employees with birthdays in March celebrated with a luncheon this week. Happy birthday everyone!



FOLLOW US ON FACEBOOK!

Make sure you follow us on Facebook for the latest tips, news, events, and updates!

<https://www.facebook.com/HockingValleyCommunityHospital/>



HOCKING VALLEY
Community Hospital
FOUNDATION

LEADING THE WAY ANNUAL PARTNERSHIP PROGRAM

Consider becoming our partner!

For more than 52 years, HVCH has cared for our community regardless of ability to pay, providing nearly \$5 million of uncompensated services annually to patients who desperately need our services. Philanthropy has always played a crucial role in the success of HVCH and we could not provide the outstanding services we perform here at HVCH without the support of our generous donors.

Depending on the level you wish to support, you or your business may receive partnership recognition. No matter the size of your gift, your dollars will make a transformational difference in the lives of many. Contact the HVCH Foundation at (740) 380-8154 or give online at www.hvch.org - Make notations of partnership selections under additional comments.

START YOUR CAREER WITH HVCH TODAY! Apply @ www.hvch.org

- Radiologic Technician - Part Time
- Registered Nurse (RN) - Emergency Department - Full Time - Nights
- Registered Nurse (RN) - PRN/Contingent - Inpatient Services
- Respiratory Therapist - Full Time - Nights
- Respiratory Therapist - PRN/Contingent - Nights
- State Tested Nursing Assistant (STNA) - Inpatient Services - Contingent/PRN

HVCH goes live with Epic electronic health record platform

This week HVCH went live with our new Epic electronic health record platform! What is an electronic medical record? It is a digital equivalent of your paper medical records. Each time you visit your medical provider or hospital, you create a piece of information about your health and visit that is physically added to your medical chart. By implementing an EMR, your patient data can be tracked by multiple healthcare providers all over the world.

If you live in Hocking County and are a patient of Hock-

ing Valley Community Hospital or Hocking Valley Medical Group, when you travel out of state your record will now go with you and be available should you have an unexpected medical emergency. If you're in an auto accident and become unconscious, this can be critical and even life saving if your provider needs to know your allergies, what medications you currently take and what prior health issues you may have. Just one more way HVCH is Leading the Way to a Healthier Community!



Special thanks to Ohio State University Wexner Medical Center team members: (Left to right) Carol Koetting-Freeman, Physician Recruiter; Joe Drakulich, Regional Outreach Coordinator; Tom Blincoe, Executive Director, Medical Center Outreach and Engagement; and Karen Mitchell, Senior Outreach Coordinator for all of their assistance and for celebrating with us as we switch to Epic Electronic Medical Records - made possible because of our partnership with Ohio State University Wexner Medical Center.



Epic

Moment in the Making

ATTENTION PATIENTS & VISITORS:

We are transitioning to a **NEW Electronic Health Record platform – called Epic – to better serve YOU!** This will allow for easier access to your health record information.

We apologize for any delays you may experience. Thank you for your patience as we undergo this epic undertaking.



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March 10th is National Women and Girls HIV/AIDS Awareness Day

Every year on March 10 — and throughout the month of March — local, state, federal, and national organizations come together to show support for women and girls impacted by HIV and AIDS. National Women and Girls HIV/AIDS Awareness Day (NWGHAAD) sheds light on the impact of HIV and AIDS on women and girls. This year marks the 13th annual observance.

There has been tremendous progress made against HIV and AIDS in the U.S., but women remain vulnerable to infection — especially African-American and Hispanic women. Any woman who has sex can get HIV, regardless of race, ethnicity, age, or sexual orientation. Currently, there are 1.1 million people in the U.S. living with HIV, and nearly a quarter of them are women (23%).

The 2018 NWGHAAD theme, "HIV Prevention Starts with Me," emphasizes the role everyone — women, men, community organizations, health care professionals, those who are HIV-negative, and those who are HIV-positive — plays in HIV prevention. There are steps you can take to protect yourself, your partner, your patients, family, and neighbors from HIV infection.

- Get an HIV test, which is free and confidential. To find a location, visit gettested.cdc.gov.
- Practice safe sex.
- If you are HIV-negative and have an HIV-positive partner, talk to a health care provider about taking pre-exposure prophylaxis (PrEP), a daily pill that can reduce your risk of getting HIV from sex by more



HIV prevention starts with ME.

than 90%.

- If you are HIV-positive, talk to your health care provider about ways to stay healthy and take your medication as prescribed to achieve and maintain an undetectable viral load.

- If you think you may have been exposed to HIV, visit a health care provider right away. The provider may decide that you should get post-exposure prophylaxis (PEP). PEP is an anti-HIV medicine that may lower your chances of getting HIV after you have been exposed to the virus.

If you need a local OB/GYN physician, contact Dr. Kathleen Bertuna, Dr. Lucy Bucher or Dr. Timothy Kermode at (740) 594-8819. They will help you determine the proper testing and care that you need.

TWIG VI HONEYBAKED HAM & TURKEY SALE



DEADLINE TO ORDER

Thursday, March 22

For more information, contact the HVCH Community Relations Department at 380-8154 or contact TWIG VI member Carolyn Geiger at 385-8423.

Money is due at time of order. Check or cash accepted. Please make check payable to TWIG VI and return to HVCH Attn: Community Relations, P.O. Box 966, Logan, OH 43138.

Delivery date is Friday, March 30 from 4-5 p.m. in the HVCH front lobby. All proceeds benefit HVCH.



HOCKING VALLEY Community Hospital

OUR MISSION

To provide extraordinary care close to home now and into the future.

OUR VISION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.