



**HOCKING VALLEY
Community Hospital**

LEADING THE WAY TO A HEALTHIER COMMUNITY

JUNE 22, 2018

Weekly Update

HVCH Foundation charity auction and golf tournament set for July 13-14th



Hocking Valley Community Hospital Foundation is hosting an exciting weekend July 13-14 at Hocking Hills Golf Club kicking off with a Summertime Fun Charity Auction Friday, July 13.

"This is an annual charity event that is now in its 33rd year and serves to raise funds for various needs at the hospital. The HVCH Foundation is the philanthropic arm of the hospital and donor funds support capital improvements, patient amenities, new and expanded patient services, the HVCH Endowment, and areas of greatest need within the hospital," Latricia Johnston, HVCH Chief Public Relations Officer, said.

This year's auction is centered on a summer theme with more than 80 items and trips to help families make the most of their summer vacation. The auction is

split into silent and live to allow everyone to participate. The silent auction begins at 5:30 p.m. with staggered table closing times of 7:30, 7:45 and 8:00 p.m.

The live auction will begin at 8:15 p.m. with Green Family Auctioneers and end by 9:30 p.m. Special giveaways will be held throughout the live auction; bid number required.

Dr. Dan Stambaugh will entertain guests with oldies, classic rock and country hits from 6 to 8 p.m. Dinner will be offered for purchase from 5:30 to 8 p.m. featuring a baked potato bar, salad bar, grilled chicken, pulled pork sandwiches and dessert. Additional light menu alternatives will be offered at the bar after 8 p.m.

"As we thought about themes for this

EVENTS CALENDAR

June 29: Farewell Party for Dr. Beed, HVCH Meeting Room

A public farewell party will be held for Dr. Elaine Beed on Friday, June 29 from 12 to 1 p.m. in the HVCH Meeting Room. Please join us in wishing her the best on her future endeavors. Kindly RSVP to Beth Bell at (740) 380-8154 or email bbell@hvch.org by June 25.

July 13: Foundation Auction at Hocking Hills Golf Club

The HVCH Foundation annual charity auction will be held Friday, July 13 at the Hocking Hills Golf Club from 5:30 to 9:30 p.m. The silent auction will begin at 5:30 p.m. and the live auction will begin at 8:15 p.m. Come support HVCH!

July 14: Golf Tournament at Hocking Hills Golf Club

INSPIRATIONAL QUOTE OF THE WEEK

"No matter what people tell you, words and ideas can change the world."

—Robin Williams

Direct to You: From Julie Grow, CFO

Health-care Rationing

Rationing in its purest definition is simply the controlled distribution of resources. The two main reasons behind rationing can be associated to supply and cost of the good or service. Healthcare rationing is used today by the government, health insurers, and individuals to save money. As always, there are two sides to every coin. While healthcare rationing could have successful short term benefit, there is no long term evidence that supports savings in the long run because delaying treatment could impose even further cost.



Julie Grow, CFO

ter route, you have self-rationed your care and saved money, at least in the short term. You run the risk that your condition is not properly diagnosed and may not be properly treated, incurring higher costs in the long run due to still having to go to the doctor.

Healthcare self-rationing has become a growing trend in recent years due to the rise in healthcare costs related to premiums, deductibles and other out of pocket expenses, with more than two thirds of Americans making healthcare decisions based on cost. In a study conducted by Kaiser Health, 40% of people are DIY-ing their healthcare with home remedies and self-diagnosis and nearly a fourth of all adults are foregoing medical tests and treatments or are not filling their prescriptions.

Yet, when premiums consume close to 50% of a worker's hourly wage and the average family deductible is pushing upwards of \$8,000 per year, patients are left with little other choice than to roll the dice with their healthcare needs.

Health Insurance Rationing

Self-Rationing

Sometimes, people limit themselves. For example, if you develop a rash, you basically have two choices. You can try to treat the symptoms at home with over the counter medications or you can go to your doctor or Urgent Care and incur the cost of the visit, as well as any prescriptions or tests that he or she prescribes. If you chose the over the coun-



A SUMMER TO REMEMBER

A Summertime Fun Charity Auction

In Support of Hocking Valley Community Hospital Foundation

FRIDAY, JULY 13, 2018 • 5:30 TO 9:30 P.M.
SILENT & LIVE AUCTION | ENTERTAINMENT

*Hocking Hills Golf Club,
 14405 Country Club Lane, Logan*

Come and bid on auction items and trips to make your summer one to remember!



ANNUAL CHARITY GOLF TOURNAMENT

Saturday, July 14, 2018
Hocking Hills Golf Club

ONE FLIGHT ONLY; MAX 28 TEAMS

Tournament Package: \$150 per golfer
Includes breakfast, greens fee, cart fee, lunch & gift
Register at www.hvch.org or call (740) 380-8154.

HVCH Cafeteria Menu June 25-29

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Casserole	Chicken Breast/Bun Italian	Hot Dog/Bun Macaroni & Cheese	Chicken Tator Casserole	Tortilla Tilapia
Chicken Fingers	Sausage/Bun French Fries	Onion Rings	Salisbury Steak	Creamed Chip Beef
Potato Wedges	Corn	Baked Potato	Mashed Potatoes	Mashed Potatoes
Cauliflower Broccoli	Green Beans	Carrots	Baked Beans	Glazed Carrots
Breadstick	Blended Veggies	Brussels Sprouts	Cabbage	Broccoli
Tomato Soup	Chicken Soup	Chili	Parmesan Peas	Biscuit
			Broccoli Soup	Chicken Dumplings

CHARITY

year’s auction, we wanted to provide opportunities for families to enjoy their summer, whether by visiting local venues and attractions or by traveling to more remote destinations. Rest and relaxation are beneficial to both physical and emotional wellness and our auction items cater to both,” Johnston said.

In addition to summer vacation packages, the auction features several other household, art and practical items. “We have been blessed by the many contributions we have received from our generous community for the auction. Some of those items will stand alone, and we have combined some items to make more complete packages for our guests to enjoy,” Johnston continued.

The fundraising weekend continues on Saturday, July 14, for the annual golf tournament. This year, the golf tournament consists of one flight, and the scramble will begin at 9 a.m. Limited space is still available with a maximum of 28 teams. Golfers may still register for the tournament by visiting www.hvch.org or by calling (740) 380-8154. Registration includes breakfast, lunch, greens fee, refreshments, cart fee and golfer gift. Prizes will be awarded to the Low Net Score, Low Gross Score, Longest Drive and Longest Putt. A skins game has been included this year in addition to the other course challenges.

Tickets also still are available for the raffle and ball drop contest.

Raffle tickets are \$5 and prizes include: two-night stay at Oakwood Cabins; free pizza every month for a year at Pizza Crossing; \$100 gift certificate to Sharff’s Fashion and \$100 gift certificate to Hawk’s Nest.

Ball drop tickets are \$10 each. A total of 600 balls will be dropped on the green at the Hocking Hills Golf Club at the start of Saturday’s golf tournament. The person whose numbered ball is closest to the designated hit ball will win \$1,000.

Tickets for the raffle and ball drop are available by calling the HVCH Foundation office at (740) 380-8154. Tickets also are available during Friday’s auction and Saturday’s golf tournament. You need not be present to win.

“The Foundation has been able to provide the hospital with many tools to assist our community, and this event is just one of the many ways others can help with that mission,” said Stacey Gabriel, new HVCH President and CEO. “It is our privilege to host this weekend bringing good people together for a good cause. It is my hope our Hocking and surrounding county neighbors will come out and join us for what is certain to be another very exciting event.”

For more information about the auction or golf tournament, please call (740) 380-8336, or visit www.hvch.org or the HVCH Facebook page.



Enjoy exercise at HVCH

Choose your path to health at Hocking Valley Community Hospital. Discover the HVCH and Osburn Associates, Inc. Walking Trail and Exercise Station. Plenty of off street parking. Exercise area nestled among nature’s shade and sounds of birds and nearby stream. See you on the trail at HVCH, located near the Emergency Department parking lot.



START YOUR CAREER WITH HVCH TODAY!

Apply @ www.hvch.org

- Food Service Aide - Part Time - Various Hours
- Housekeeper - Contingent - Various Hours
- Senior Accountant - Full Time

DIRECT

Health insurers ration care, but they do not call it rationing. Frankly, they do not even want you to realize it is rationing. When health insurance companies ration care, it's a money saving measure, partly to keep premium costs from rising and partly to preserve profitability. Health insurers ration your care by limiting the doctors you may visit due to price negotiations. They also require timely and often-times, confusing preauthorization processes to limit or direct care. Another form of insurance rationing is through higher premiums, deductibles and copays to encourage patients to self-ration. They also deny treatment protocols that are new or alternative and may not be scientifically proven.

Government Healthcare Rationing

Even the government rations health care. The difference between insurance company rationing and government rationing is that there is no profit motive. The government, through Medicare and Medicaid, keeps costs down as much as possible to keep taxes lower or to expand care to others. A good example of government rationing is the Medicare "Donut Hole". Seniors know they are limited in the amount they can spend on prescriptions because if they spend more, it comes from their own pockets.

The rationing of health care continues to cause patient volumes around the country, including right here in Hocking County to decline. It's a slippery slope with no long term results to show if the rationing of healthcare is truly cutting costs, or simply prolonging much needed treatment. The future of healthcare lies in the ability to adapt to this change and ensure that patients are getting the right kind of care at the right time in the right setting. Simply doing things as they have always been done is no longer an option in hospitals around the country. Otherwise, patients will be faced with the lack of access to care when they need it the most, a form of rationing far more serious than the ones mentioned above. Our mission at HVCH is to provide care to our community now and into the future and we are committed to adjusting our sails to meet the needs of our patients until a time when our nation can agree upon whether healthcare should be a right or a privilege and our actions align with our ideas.

-Julie G.



HOCKING VALLEY
Community Hospital
FOUNDATION



Hocking Valley Community Hospital Foundation is thankful for the support of our major *Leading the Way* partners!



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HOCKING VALLEY Community Hospital

OUR MISSION

To provide extraordinary care close to home now and into the future.

OUR VISION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.