



HOCKING VALLEY
Community Hospital

LEADING THE WAY TO A HEALTHIER COMMUNITY

Weekly Update

JULY 6, 2018

July is Juvenile Arthritis Awareness Month



Information courtesy www.cu-rearthritis.org

About 300,000 children in America have arthritis. That's right, kids get arthritis. It is a common misconception that only "old" people are afflicted with arthritis.

The form of arthritis that these kids experience is not the same as grandma's aches and pains. These children suffer from various autoimmune forms of arthritis. Their bodies' immune system is attacking their joints, causing swelling, stiffness and permanent damage. This condition is extremely serious; if left untreated it can result in loss of mobility, blind-

ness and even death.

Juvenile idiopathic arthritis (JIA), one form of juvenile arthritis, is actually quite prevalent, affecting more than 50,000 children in the United States alone. JIA is often referred to as juvenile rheumatoid arthritis (JRA) in the United States. Other specific names and forms of juvenile arthritis include:

- systemic onset JIA or Still's disease
- oligoarticular JIA (affecting fewer than 5 joints)
- polyarticular JIA (affecting five

EVENTS CALENDAR

July 13: Foundation Auction at Hocking Hills Golf Club

The HVCH Foundation annual charity auction will be held Friday, July 13 at the Hocking Hills Golf Club from 5:30 to 9:30 p.m. The silent auction will begin at 5:30 p.m. and the live auction will begin at 8:15 p.m. Come support HVCH!

July 14: Golf Tournament at Hocking Hills Golf Club

Tournament registration is \$150 and includes: breakfast, lunch, refreshments, greens fee, cart fee and golfer gift. Tournament is one-flight, four-person scramble with tee time of 9:15 a.m. Register at www.hvch.org or call (740) 380-8154. Proceeds benefit HVCH Foundation.

Aug. 14: Volunteer Recruitment HVCH Meeting Room

INSPIRATIONAL QUOTE OF THE WEEK

"Our greatest weakness lies in giving up. The most certain way to succeed is always to try just one more time."

—Thomas A. Edison

Direct to You: From Roy Davis

As we have all learned, change in healthcare comes fast. Sometimes change comes unannounced, and once in a while, it



Roy Davis,
Business
Development
Director

is announced. This year is half over and already we have gone through many changes, from installing Epic to a new CEO, and myself a new job. Changes can be good or bad, but they are inevitable. My change has allowed me to meet and work with 41 great people that I had only talked to on the phone before to schedule a test or look for an order.

We are going through great changes at the Medical Group starting with Monday, July 9th when we move a bunch of small teams under one roof with goal of becoming one great team. Everyone has been fantastic with the planning

phase of the move, and I cannot tell how much I appreciate the effort and great team work that has put this move together. The countless hours of planning, revisions, expert input and just plain hard work to pull this off on time has reminded me once again what a special place I work and how much I appreciate my work family.

On a personal note of change, I recently moved my son to Sandusky to finish medical school. Taylor has only lived down the road from me at Ohio University, so he was always close, not almost four hours away. I am glad for his success, but understand it is a new chapter of my life. The bigger change came when my daughter, Lyndsie, announced that she will be having a baby in January. She works as an RN at Fairfield Medical Center and lives in Logan, so I will be able to spoil and spend as much time as I like with the new addition to the family. Boy, does change come fast!

Leading Change John P. Kotter

*“The rate of change is not going to slow
Down anytime soon. If anything, competition
In most industries will probably speed up
Even more in the next few decades.”*



A SUMMER TO REMEMBER

A Summertime Fun Charity Auction

In Support of Hocking Valley Community Hospital Foundation

FRIDAY, JULY 13, 2018 • 5:30 TO 9:30 P.M.
SILENT & LIVE AUCTION | ENTERTAINMENT

*Hocking Hills Golf Club,
14405 Country Club Lane, Logan*

**Come and bid on auction items and trips to make
your summer one to remember!**



ANNUAL CHARITY GOLF TOURNAMENT

Saturday, July 14, 2018
Hocking Hills Golf Club

ONE FLIGHT ONLY; MAX 28 TEAMS

Tournament Package: \$150 per golfer
Includes breakfast, greens fee, cart fee, lunch & gift
Register at www.hvch.org or call (740) 380-8154.

HVCH Cafeteria Menu July 9-July 13				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Lasagna	Taco & Fajita	Roast Turkey	Pork Tenderloin	Battered Cod
Chicken	Bar	Baked Ham	Macaroni & Cheese	Beef N
Fingers	Nachos & Cheese	Mashed Potatoes	Baked Potato	Noodles
Sweet Potato	Corn	Dressing	Grilled	Mashed Potatoes
Fingers	Black Beans	Peas & Mushrooms	Cauliflower	Zucchini
Cheese Ravioli	Spanish Rice	Baby Carrots	Brussel Sprouts	Brussels w/ Bacon
Brussels	Chili Soup	Chicken Buffalo	Succotash	Minestrone
Sprouts		Soup	Tomato Soup	Soup
Garlic Bread				
Broccoli Soup				

ARTHRITIS

or more joints)

- enthesitis-related arthritis
- juvenile psoriatic arthritis

When juvenile arthritis first shows its symptoms in a child’s body, many parents write off swollen joints and fever as a flu bug, or think that a sudden rash might have occurred from an allergic reaction. The symptoms might even recede slightly before showing up again, sometimes delaying diagnosis for quite some time. After all, who expects a small child to have arthritis?

What is juvenile arthritis?

Most people don’t know that kids get arthritis. A child’s immune system is not fully formed until about age 18; so an “autoimmune” form of arthritis is especially aggressive in children, compromising their ability fight normal diseases and leaving them open to complications that may affect their eyes, bone growth, etc.

Signs and Symptoms of Juvenile Arthritis

- Joint pain
- Swelling
- Fever
- Stiffness
- Rash
- Fatigue (tiredness)
- Loss of appetite
- Inflammation of the eye
- Difficulty with daily living activities such as walking, dressing, and playing

Different forms of arthritis have varying life spans and degree of symptoms, but JIA is different – it’s an autoimmune disease that has the body actually warring with itself in its efforts to recover. While juvenile rheumatoid arthritis is an autoimmune disorder, much like the adult version of rheumatoid arthritis, recent arthritis research shows that JIA stands alone, independent in how it actually attacks and affects a child’s body.

Juvenile arthritis normally appears in children as young as 6 months and as old as 18 years. Young adults still suffer the pain of the juvenile forms of arthritis. Joint pain, reddened joints and swelling that simply refuses to dissipate are the key symptoms. Rheumatologists are finding that the number of joints affected has a parallel connection to the severity of the disease and the likelihood of achieving total remission.

For more information about juvenile arthritis, speak to one of our Hocking Valley Medical Group pediatricians or make an appointment by calling (740) 385-3069.



HVCH says farewell to Dr. Beed

Hocking Valley Community Hospital staff and community members attended a farewell party for Dr. Elaine Beed to celebrate the 30 years she has provided oncology and hematology services to the area.

Dr. Beed mainly provided care in an outpatient setting, but would also tend to the needs of her patients when they required admission to the hospital.

“It’s no surprise she touched many lives during her time with Hocking Valley Community Hospital,” HVCH President & CEO Stacey Gabriel said.

In addition to the care that she provided, Dr. Beed was a huge supporter of HVCH. For many years she donated a condo stay in Utah to be auctioned at the annual HVCH Foundation charity auction and was an avid supporter of Hocking County Relay for Life.

While Dr. Beed will be vacating her Logan practice, she will continue practicing oncology in Cambridge.

“We can’t thank Dr. Beed enough for the support she has given patients, their families and the community,” Gabriel said.

START YOUR CAREER WITH HVCH TODAY!

Apply @ www.hvch.org

- Food Service Aide - Part Time - Various Hours
- Housekeeper - Contingent - Various Hours

HVCH Foundation Charity Auction

Check out some of the items that will be featured at next week's HVCH Foundation Charity Auction at the Hocking Hills Golf Club on Friday, July 13 beginning at 5:30 p.m. HVCH employees can payroll deduct items up to \$500 over three pays.

- "On The Pontoon..."
- Wooden Barrel Table
- Amish Country Getaway
- Chieftain Pride & Cristy's Pizza Package
- "No Time to Clean"
- Irish Ridge Cabin Getaway & Adventure!
- Handblown Glass Bowl
- "Go Wild" Package
- Handcrafted Knife
- "Buckeye Game Day" Package
- The Biltmore & Beer City Bungalow
- SAM FM 98.3 One Month Radio Sponsorship
- "Outdoor Movie Night"
- Romantic Cabin Getaway
- Goebel Porcelain Lion
- "Hello Dolly" Theatre Package in Columbus
- Cincinnati Bengals - Auto-graphed Football of Billy Price
- Life is Better on The Lake
- Handcrafted "Home" Table
- ROWE 100 CD Jukebox
- "Kayakers Dream" Package
- Chieftain Football 4 Pack Season Tickets
- Brookside Cottage Escape!
- Handcrafted Hunting Knife
- Porch Swing
- 1 Pizza per Month for 1 Year
- "Horse Capital of the World"
- Backyard Hog Roast Party!
- "Record Your Adventure"
- Pioneers Path Cabin Getaway
- 45 mm Smith and Wesson Shield Hand Gun and 1 Conceal/Carry Class
- Buckeyes Getaway Weekend
- 4 Night Condo Stay at Hilton Head Island
- Hamilton - An American Musical Experience Weekend
- Corporate Golf Package
- "Get Your Grill On"
- Majestic Beach Resort, Panama City, Florida Trip
- "Off to the Zoo!"
- 41 pc. Craftsman Screwdriver Set
- Lighted Rustic Star Décor
- 1 Men's Chieftain Polo Shirt
- Stuart's Opera House Tickets
- "A Kitchen Collection"
- "Beach Bum Fun"
- Dooney & Bourke Wristlet
- "Bikers Night"
- Gift Shop Basket
- OSU Gift Basket
- Pair of Handcrafted Flower Pendants
- "Sketch Comedy n Rock-n-Roll Show for 8
- Lake Snowden Water Park
- Buckeye Cake
- Hanging Hammock Chair
- Jackie O's Brewery Tour
- 2 Ladies Chieftain Shirts
- Vera Bradley Iconic Deluxe Campus Backpack
- Christmas In July!
- "Family Fun Day"
- Dooney & Bourke Wristlet
- Chieftain Hoodie & Ball Cap
- Tecumseh! Drama Tickets
- LOL Package
- "Riverfront Fun"
- Irelands Spa and Salon Gift Bag
- Metal Plated Mirror
- 3 Small Chieftain T-Shirts
- 3 Month Fitness Memberships
- Vacation Chair & Cooler Set
- Columbus Crew & Brew
- Vera Bradley "Heather" 2 Piece Luggage Set
- OU / Oh Yeah!
- Lancaster BrewFest
- Summertime Succulents
- "Sweet Cream Butter" Print
- Dinner for 2 / Once A Month
- Dooney & Bourke Fruit Hand-bag and Wristlet
- Granite Cutting Board
- Little Tikes Car
- William Michael Morgan Concert Tickets
- "The Lunchbox" Show for 8
- "Wine Time"
- "Couples Hiking Package"
- Let's Go Jackets!
- Creation Museum Discovery & More!
- Outdoor Adirondack Rocker
- 92.3 WCOL Country Jam Concert Weekend Fun!



YOU ARE INVITED!

Ribbon-Cutting

& Grand Opening

HVCH FOUNDATION MEDICAL COMPLEX

**Hocking Valley Medical Group
5 to 7 PM Wednesday, August 1
1383 W. Hunter St., Logan**

**HVCH Foundation &
Hocking Hills Chamber of Commerce**



HVCH represents at Rib Ruckus

Hocking Valley Community Hospital once again was a partner for The Logan Daily News' Backyard BBQ, which is held in downtown Logan each year to raise money for Newspapers in Education. This year the free event featured a classic car show, inflatable games and activities for children, a Journey tribute band and of course, lots of barbecue food.



HOCKING VALLEY Community Hospital

OUR MISSION

To provide extraordinary care close to home now and into the future.

OUR VISION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.