

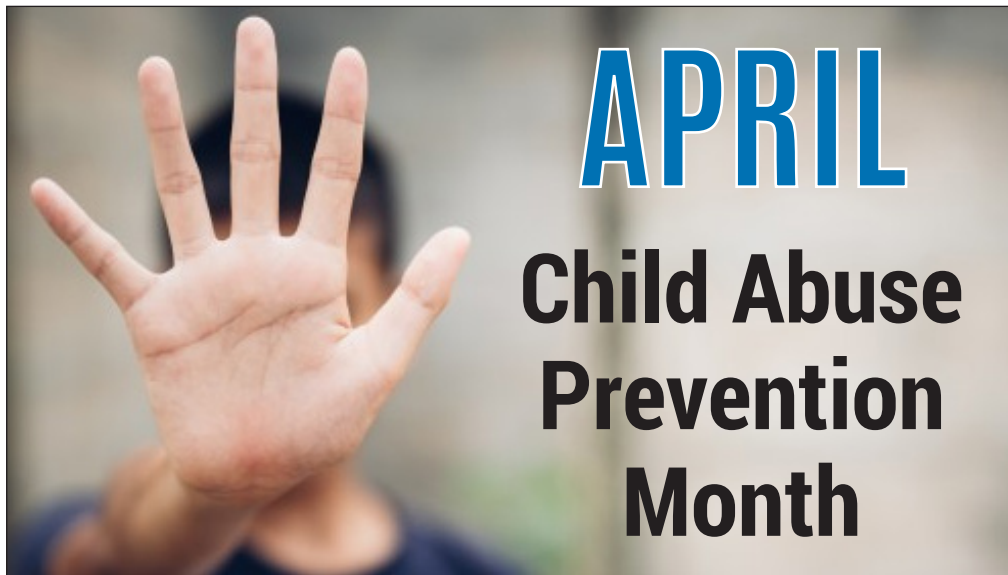


HOCKING VALLEY
Community Hospital

LEADING THE WAY TO A HEALTHIER COMMUNITY

APRIL 5, 2019

Weekly Update



Child abuse takes many forms, physical, emotional, verbal, sexual, neglect, exploitation, and more. When we speak of child abuse, we normally first think of physical abuse, but the shocking truth is neglect is the number one form of child abuse in America.

More children end up in foster care or die from neglect every year, than any other form of childhood maltreatment.

In Hocking County in 2018:

- 609 reports of child abuse or neglect were made to children services – 340 resulted in investigations
- There were 735 victims of crime – 82 of which were children

National Child Abuse Statistics:

- 4.1 million child maltreatment referral reports received
- Child abuse reports involved 7.5 million children.
- 74.9% of victims are neglected
- 18.3% of victims are physically

abused.

- 8.6% of victims are sexually abused.
- 7.1% of victims are psychologically maltreated.
- Annual estimate: 1,720 children died from abuse and neglect in 2017. Almost five children die every day from child abuse.
- 80.1% of child fatalities involve at least one parent.
- More than 90% of juvenile sexual abuse victims know their perpetrator.
- Child abuse crosses all socioeconomic and educational levels, religions, ethnic and cultural groups.

Parental opioid and other substance abuse can have a devastating impact on children. The early trauma exposure makes children more likely to suffer

EVENTS CALENDAR

April 8: TWIG II Chinese Auction
Hocking Co. Fairgrounds

Held at the Fairgrounds Youth Building. Doors open 5:30 p.m.; Drawings begin at 7 p.m. Lottery Tree, Grocery Basket, 50/50. Refreshments available. Proceeds benefit HVCH.

April 11: Book Sale
HVCH Meeting Room

Help HVCH while you shop a variety of gifts and books from 7:30-3:30. Payroll available to HVCH employees.

April 11: TWIG II Ham Sale
Deadline to Order

Order your Easter ham, turkey or dessert by April 11 for delivery in time for Easter Sunday! Call 740-380-8154 or 740-385-8423 to order. Pick up is Good Friday, April 19 from 4-5 p.m. in the HVCH front lobby. Payroll available for HVCH employees. Proceeds benefit the hospital.

INSPIRATIONAL QUOTE OF THE WEEK

“Optimism is the faith that leads to achievement. Nothing can be done without hope and confidence.”

—Helen Keller

Direct to You: From Roy Davis

A few things happened this week to remind me of why HVCH is special.



Roy Davis,
Director of
Business
Development

The ups and downs of working in healthcare can take wild swings and wear you out physically and emotionally. I was lucky enough to cover outpatient in cardio for a day this week and have that emotional bank account refilled with taking care of patients and working with some great people that I have worked with for more than 20 years. The joy of telling someone their heart is healthy and there is nothing to worry about, or that you were able to get someone to think about quitting smoking allows me to stay positive and keep plugging.

One of the things our hospital does that not many organizations do is sending thank you cards to the home. Some people may think that is silly or a waste of a stamp, but I still get excited when I open my mailbox at home and there sits that familiar envelope. I always lay the card on the counter so that everybody in my house can read them and understand the people I work with. This has caused some jealousy in my house, but has sparked a certain

university nearby to start sending thank you cards after my wife suggested it would help morale when the leadership asked for ideas.

After a very long day and a ride home questioning the universe earlier this week, I received a very heartfelt and touching one that came at the perfect moment and brought a smile upon my face as I walked back up the driveway. Please take time to thank the people you work with daily and show gratitude for how much you appreciate their effort and kindness, which brings me to the sad part of the week.

There was a flyer in my mailbox Monday morning announcing an upcoming retirement of an employee. This was a shocker because I just assumed that she would just keep working forever with her enthusiasm and energy. When you see Brenda Lehman over the next couple of weeks, let her know how much you appreciate everything she has done for the hospital and the example she has set for the rest of us in giving one hundred percent effort with everything she does. She does everything at a hundred miles an hour, but always with a smile and a kind word for coworkers and patients, and I imagine she will be doing it after she retires. I am jealous that she is retiring and wish her nothing but the best; she will be missed around here.

ABUSE

mental health disorders including substance abuse and post-traumatic stress disorder later on in their lives. Children are often the hidden victims of our nation's opioid epidemic.

A 2015 study from the National Institutes of Health found children exposed to opiates during pregnancy suffer from behavior and attention problems. Such children require therapy and often, specially licensed and trained foster families. States have indicated that they are struggling to recruit qualified foster families to home children with behavioral and attention issues.

The increase in the number of children in foster care occurs at the same time as the increase in the percentage of children entering foster care due to parental substance abuse. Anecdotal evidence and expert opinion link this increase to the parallel rise in parental opioid addiction and overdoses. One-third of children entering foster care in 2016 were due at least in part to parental drug abuse—an increase of nearly 50 percent since 2005.

Neglect, the finding in 61 percent of child maltreatment cases and the leading reason for foster care entry, is also often a result of substance abuse.

Statistics courtesy <https://americanspcc.org> and Hocking County Prosecutor's Office

Pinwheels in the Park

Tuesday, April 9th, Noon

WHERE: Worthington Park Gazebo, Main and Market Streets, Downtown Logan

WHAT: Please join us in recognizing child victims and all victims of crime as part of National Crime Victims' Rights Week and Child Abuse Prevention Month with speakers and a pinwheel ceremony

HVCH Cafeteria Menu April 8-April 12				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spaghetti Casserole Chicken Fingers Potato Wedges Carrots Broccoli Breadstick Tomato Soup	Philly Steak N' Cheese Macaroni & Cheese Onion Rings Baked Potato Cauliflower Spinach Chili	Breaded Chicken Breast/Bun Italian Sausage/ Bun French Fries Corn Green Beans Blended Veggies Chicken Soup	Breakfast Pizza Sausage Gravy/ Biscuits Egg Omelet Taqito Oven Browns Bacon Broccoli Soup	Tortilla Tilapia Sweet & Sour Chicken Rice Pilaf Glazed Carrots Brussels w/ Bacon Cauliflower Enchilada Soup



Breakfast Before Hours at HVCH

Hocking Valley Community Hospital hosted a Breakfast Before Hours event with the Hocking Hills Chamber of Commerce this week. The event focused on the contributions and challenges of rural health care facilities. Each hospital department set up a table with information about the services offered at HVCH, and a special breakfast was prepared by the HVCH Dietary Department. Thanks to everyone who attended!



CALLING ALL HVCH RETIREES!

You are invited to join us for a special retiree reception and hospital update from CEO Stacey Gabriel on Thursday, May 9 at 10:30 AM in the HVCH Meeting Room. Please stay for our Employee Recognition Lunch and catch up with past coworkers.

Call Latricia at 740-380-8336 to RSVP.

TWIG II SPRING PLANT SALE

Flats - \$12
Hanging Baskets - \$12
Terra Cotta Planters - \$11 for 10-in.; \$16 for 12-in.

To order, call Nancy at 740-385-4327 or the HVCH Community Relations Office at 740-380-8154. Proceeds benefit Hocking Valley Community Hospital.

Deadline to order is Thursday, April 25.
Pickup is Sunday, April 28 from 12-2 p.m. at Hocking County Fairgrounds.



Thank you to everyone who donated to our Doctors' Day blood drive! We were able to collect six units of blood, and nine physicians were recognized from the event!

START YOUR CAREER WITH HVCH TODAY!

Apply @ www.hvch.org

- Environmental Services Associate/ Housekeeper - Full Time - Variable Hours



Retirement celebration for Christy Bartow

Christy Bartow, Environmental Services Associate, retired after serving HVCH for more than nine years.

"She has been a hard worker, who was always dedicated and passionate about her job," Stacey Gabriel, HVCH CEO, said. "Everyone will miss seeing her smiling face, and we don't want her to be a stranger."

After retirement, Christy's plans include cleaning her own house and flying on an airplane for the first time at the age of 65. Her daughter is surprising her with a celebration trip and she is looking forward to her first ride on an airplane.

HVCH held a retirement party in her honor this week, where the pharmacy department surprised her with a special parting gift ... a box of bubble wrap (one of her favorite items). Thank you for your service Christy!



HVCH deploys new ultrasound machine

HVCH recently purchased a new Venue 50 Ultrasound machine which is used to guide needle placement while performing a nerve block on the part of the body having surgery like the shoulder, arm, or leg. These blocks reduce pain during surgery and in the first 24 hours after, thereby, reducing the need for opioid pain medicine and reducing the chance of nausea and vomiting.

These blocks are especially helpful in orthopedic procedures such as total knee replacements, shoulder surgeries, and ankle or foot surgeries. Cathy Hoffman, CRNA states that "this state-of-the-art machine will greatly improve the success rate and minimize potential complications associated with these blocks." She also added that "most patients will still go to sleep during the procedure and wake up much more comfortable!"

TWIG VI HONEYBAKED HAM & TURKEY SALE



DEADLINE TO ORDER

Thursday, April 11

For more information, contact the HVCH Community Relations Department at 380-8154 or contact TWIG VI member Carolyn Geiger at 385-8423.

Money is due at time of order. Check or cash accepted. Please make check payable to TWIG VI and return to HVCH Attn: Community Relations, P.O. Box 966, Logan, OH 43138. Payroll available for HVCH employees.

Delivery date is Friday, April 19 from 4-5 p.m. in the HVCH front lobby. All proceeds benefit HVCH.



HOCKING VALLEY Community Hospital

OUR MISSION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

OUR VISION

To provide extraordinary care close to home now and into the future.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.