



**HOCKING VALLEY
Community Hospital**

LEADING THE WAY TO A HEALTHIER COMMUNITY

MAY 10, 2019

Weekly Update

Healthcare Worker of the Year named

Frances Lehman, Patient Charge Entry Coordinator, has been named Healthcare Worker of the Year at Hocking Valley Community Hospital's recent employee recognition ceremony.

"This is a special day because we recognize employees whose service has exceeded expectations, or whose dedication to the hospital is obvious in everything they do. That should make us all proud," HVCH President and CEO Stacey Gabriel said.

HVCH employees cast ballots to select Healthcare Worker of the Year and Frances won by popular vote.

"Our employees had to make a difficult decision this year. They had three excellent nominations for Healthcare Worker of the Year," Gabriel continued.

"Frances demonstrates all the qualities of a dedicated and hard working team member. Going above and beyond is evident in her daily work, always being attentive to details and willing to take on new challenges. Her determination to make sure all tasks are completed accurately and timely is a welcome characteristic and her involvement in the hospital and community are testimony to her sense of compassion," Gabriel said.

The Excellence in Leadership Award also was given during the ceremony. The award was introduced to recognize hospital directors, managers and supervisors for exemplary behavior in their leadership role. This year's award was given to Tara Jacobs, Director of Surgery.



"Tara constantly looks for ways to add additional service lines to HVCH in order to meet the needs of the community. She has a way of thinking outside the box in order to accomplish strategic goals and objectives. She sets the bar

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EVENTS CALENDAR

July 30: Golf Tournament Hocking Hills Golf Club

Join the fun during the 34th annual Golf Tournament benefitting the HVCH Foundation. The outing will be held on a new day of the week, but is the same great event! Event kicks off with a 9:15 a.m. scramble start and a maximum of 28 teams. Registration is \$100 per golfer, \$400 per team and includes lunch, refreshments, golfer gift, cart fee, greens fee, and afternoon awards. Visit www.hvch.org or call 740-380-8154 to register.

August 8: Auxiliary Book Sale HVCH Meeting Room

Help HVCH while you shop a variety of gifts and books from 7:30 a.m. to 3:30 p.m. in the HVCH meeting room. Payroll available to HVCH employees. Proceeds benefit Hocking Valley Community Hospital.

INSPIRATIONAL QUOTE OF THE WEEK

"A mother's happiness is like a beacon, lighting up the future but reflected also on the past in the guise of fond memories."

—Honoré de Balzac

Direct to You: From Roy Davis

What will your legacy be at Hocking Valley?

“Silver bat, gold glove, platinum attitude,”

— Vin Scully, baseball announcer describing Tony Gwynn, baseball hall of fame.

Yesterday, I spent part of the morning at a reception to honor some of our retirees and had no idea what the turnout would be or what was going to happen. It was a special moment for me because I believe I worked with each person in that room for at least ten years. The whole group laughed at who worked the least in maintenance, and we admired how every time someone retires they get ten years younger. They were from all backgrounds and professions, but they all had one unifying characteristic. The entire group was proud of the hospital, what they contributed and their legacy to its success. They also were proud of where the



Roy Davis,
Business
Development
Director

hospital is going.

After the retirement reception, our employee recognition ceremony followed. Years of service and HVCH employee/leader awards were handed out, and the above quote kept crossing my mind. Everybody who was awarded has shown excellence in their job, but the one common characteristic in my mind was having a “platinum attitude.” To me, that means the job a person has might change, but their attitude and pride in it does not.

Marilyn Johnson, Support Specialist in the surgery department, has worked here for forty years now. She has a very complex job where I see her wear two phones while answering a third. She handles every call professionally, makes sure surgery is set up for success the next day and gives me feedback to improve the offices so the patient has a seamless experience. When she retires in another forty years, her legacy will be that she made Hocking Valley better for coworkers, physicians and patients. What will be yours?



Making the impossible POSSIBLE!

In April the HVCH occupational therapy staff celebrated OT month at the hospital and offered staff and patients the ability to see first-hand some of the areas they address. The staff provided a video presentation of a sensory pathway for kiddos at Green Elementary to assist them in awareness of their own senses, how sensory play positively affects the school day, and the benefits of a brain break. They also provided information on the sense of stereognosis, which describes the ability to identify objects through touch, but without the ability to view them. Therapists gave information and a hands-on activity to educate staff on the importance of occupational therapy and their role of getting patients back to performing activities of daily living to promote independence in work, leisure and play.



Occupational therapy treats all people across the lifespan and plays an important part in the recovery process that allows patients to get back to participating in meaningful activities in life. Occupational therapy addresses and improves sensory needs, cognitive and physical needs to improve overall well-being.

HVCH Cafeteria Menu May 13-17				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Manicotti Battered Chicken Breast Honey Roasted Potatoes Peas Zucchini Breadstick Italian Wedding Soup	Hot Dog/Bun Breaded Chicken Wings French Fires Fried Corn Broccoli Spanish Rice Tomato Soup	Meatloaf Battered Cod Breakfast Potato Casserole Asparagus w/ Cashews Cauliflower Beef Pot Roast Soup	Baked Zucchini Grilled Chicken Breast Breadstick Grilled Mixed Vegetable Carrots Bean w/ Ham Soup Corn Muffin	Pizza Burger Macaroni & Cheese Ranch Wedges Zucchini Green Beans Broccoli Enchilada Soup

Are you living with diabetes?

RESEARCHERS WANT TO HEAR FROM YOU

Help us learn more about diabetes in
Southeastern Appalachian Ohio!

You may be eligible to participate if you are:

1. Age 18 or older
2. Diagnosed with **type 1 OR type 2 diabetes**
3. Living in Southeastern Appalachian Ohio
(Athens, Hocking, Meigs, Morgan, Perry,
Vinton, or Washington county)
4. Able to read and speak English

Participation in this study involves completing a demographic form and eight surveys about your diabetes and well-being. IRB 17 - X - 234

Compensation is a \$15 gift card.

For more information on participating in this study, please contact us at:

DiabetesWellness@ohio.edu

Or by phone:

Karie Cook 740-593-2908

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Get your ticket today for a chance to win a One Week stay at Majestic Beach Oceanfront Resort in Panama City, Florida! Includes \$1,000 in VISA gift cards for travel expenses. Total package value: \$3,000!

Tickets are \$20 each

Reservations must be confirmed by December 1, 2019. Resort stay must be completed by October 1, 2020. Condo accommodates six with king size master suite and attached bath/spa tub, bunk room, and pull out double bed sofa. Drawing will take place during the Bids & Brews Benefit, Friday evening, August 9, 2019, held at the Hangar located at 28769 Murphy Road, Logan, Ohio. Winner need not be present to win.

To purchase tickets, visit: <http://www.hvch.org/community/beachraffle/>. Tickets may also be purchased in Community Relations at Hocking Valley Community Hospital. Call 740-380-8336 to learn more.

START YOUR CAREER WITH HVCH TODAY!

Apply @ www.hvch.org

- Environmental Services Associate/
Housekeeper - Full Time - Variable Hours
- Food Service Aide - Part Time - Various
- Radiologic Technologist - Full Time - Nights
- State Tested Nursing Assistant (STNA) -
Inpatient Services

AWARDS

high for her staff and continuously looks for opportunities to gain efficiencies and productivity while keeping quality top of mind," Gabriel said.

In addition to the awards given, several HVCH employees were recognized for their years of service to the hospital.

Celebrating 10 years of service are: Tammy Acord, Emergency Department; Karen Brandon, Patient Registration; Nancy Chenault, Cardiovascular; Jeremy Coakley, Radiology; Jennifer Enderle, Specialty Clinic; Andrea Isree, Emergency Department; Mary Keels, Nutrition Services; Trudy McCoy, Inpatient Services; Erin Tinkham, Speech Therapy; and Roberta Wagner, Inpatient Services.

Celebrating 15 years of service are: Cheryl Blackstone, Rehabilitative Services; Sarah Buckalew, Information Services; Jennifer Carver, Radiology; Erin Daugherty, Social Services; Stacey Dingess, Occupational Therapy; Amy Douglas, Outpatient Services; Rebecca Fast, Environmental Services; Crystal Fizer, Inpatient Services; and Janell Hunter, Surgery.

Celebrating 20 years of service are: Bryan Brown, Cardiovascular; Margaret Hoellrich, Surgery; Michelle Matheny,

Emergency Department; and Tammy Wagner, Patient Registration.

Celebrating 25 years of service are: Heather Johnson, Special Care Unit; and Amy Markin, Specialty Clinic.

Celebrating 30 years of service are: Teresa Downs, Special Care Unit; and Kandy Fizer, Education.

Celebrating 30 or more years of service are: Holly Gompf, 32 years; Lori Linton, 33 years; Sheri Thompson, 35 years; Letha Burrell, 37 years; Geoff Perry, 37 years; and Marilyn Johnson, 40 years.

"In every organization, the people who show up every day are the greatest assets and these employees have been showing up for many years. We all know healthcare is a tough industry, but knowing that our patients and customers have so many staff members with this kind of dedication makes it all worthwhile," Gabriel concluded.

HVCH retirees also were invited to join the day's celebration, and more than 20 returned to HVCH for lunch and a hospital update. Thanks to everyone who attended for making this day special!





HOCKING VALLEY Community Hospital

OUR MISSION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

OUR VISION

To provide extraordinary care close to home now and into the future.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.