



HOCKING VALLEY Community Hospital

LEADING THE WAY TO A HEALTHIER COMMUNITY

NOV. 22, 2019

Weekly Update

HVCH celebrates National Rural Health Day



Hocking Valley Community Hospital joined other healthcare organizations across the country in celebrating National Rural Health Day this week.

The National Organization of State Offices of Rural Health sets aside the third Thursday of every November to celebrate National Rural Health Day. This is an opportunity to celebrate the "Power of Rural," bringing to light the unique healthcare challenges that rural citizens face, and showcasing the efforts of rural healthcare providers, State Offices of Rural Health and other rural stakeholders to address those challenges.

HVCH held a week-long celebration with employees and the community. On Wednesday, HVCH held a health field

career fair at Logan High School. On Thursday, the hospital provided pizza to all staff and visited various community organizations to share information about rural healthcare. Other celebrations were shared with staff throughout the week.

"Across the United States, rural hospitals treat over 8 million patients in Emergency Departments, 39 million patients in an Outpatient setting, admit 809,000 patients to the Inpatient area, and create approximately 300,000 jobs. Those Critical Access Hospitals also contribute to the local economy with regards to wages and benefits," Stacey Gabriel, HVCH CEO, said.

EVENTS CALENDAR

December 3: Holiday Affair HVCH Campus/CIC Building

Join us for our 4th annual Holiday Affair. Free and open to the public from 5-7:30 p.m. on the HVCH campus. Special guests this year include the Columbus Zoo and Hocking County Humane Society. Performances by Scenic Hills Senior Center Choir, Logan High School Choir and Hocking County Children's Chorus. Craft vendors, Schmidt's Sausage, K-9 demonstration, pet therapy & more!

December 7: Logan Santa Parade Downtown Logan

The annual Logan Santa Parade will be held in downtown Logan on Saturday, December 7 at 2 p.m. Parade begins at Hocking County Fairgrounds and ends at the Hocking Mall. Come see all the "superheroes" from HVCH and other organizations.

INSPIRATIONAL QUOTE OF THE WEEK

"Be thankful for what you have; you'll end up having more. If you concentrate on what you don't have, you will never, ever have enough."

—Oprah Winfrey

Direct to You: From Beth Kluding

The original celebration now known as Thanksgiving happened in 1621. In November, the pilgrims harvested



Beth Kluding,
Chief Nursing
Officer

their crops and invited Native American allies to join them for a three-day feast. They gave thanks for the survival of the colony and success in the harvest with the help of their allies.

Today, we celebrate Thanksgiving for only one day, if you do not count "Black Friday" as a continuation of this celebration. On Thanksgiving, my

family celebrates and gives thanks for each other, and the fortune we have been blessed with in our lives. I am fortunate to have a wonderful family, who I love and who loves and supports me. I am fortunate to have met such a wonderful team at Hocking valley Community Hospital, which welcomed me in from the very first day.

Thanksgiving is all about good food and good people, and being grateful for that time. Before we move on to the hustle and bustle of shopping the sales, and moving right on into Christmas, let us take time to just be truly happy and thankful for all the wonderful things we have right in front of us.



HVCH Auxiliary meets for dinner

Members of the HVCH Auxiliary came together for their fall meeting and meal. Director of Nutrition and Food Services Denise Kiamy presented an Italian cooking demonstration and Auxiliary members helped make their own meal of salad, flat bread pizzas, egg drop soup and gelato. Denise also gave an update about the upcoming cafeteria renovations. A special thanks to the Dietary staff for making the event one to remember!



There will be no HVCH Update next week 11/29 as we celebrate Thanksgiving. Enjoy a wonderful holiday weekend with your families!

ATTENTION:

The HVCH Billing Office will relocate to the HVCH Materials Building next door near Parking Lot 4 beginning December 1.

HVCH Cafeteria Menu Nov. 25-Nov.29				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Manicotti Battered Chicken Breast Honey Roasted Potatoes Peas Zucchini Breadstick Italian Wedding Soup	Hot Dog/Bun Breaded Chicken Wings French Fries Fried Corn Broccoli Spanish Rice Tomato Soup	Meatloaf Battered Cod Breakfast Potato Casserole Asparagus w/ Cashews Cauliflower Beef Pot Roast Soup	Thanksgiving Day! Roast Turkey Dressing Green Beans Pumpkin Pie	Panini Grill Chef Salad Potato Soup

Christmas at the NORTH PAW

HVCH 4TH ANNUAL HOLIDAY AFFAIR

*With the Columbus
Zoo & Hocking County
Humane Society*

**Tuesday, Dec. 3
5-7:30 PM
HVCH Campus**

*Entertainment
Craft Vendors
Schmidt's Sausage*

- 5 PM - Scenic Hills Senior Center Choir
- 5:30 PM - Logan High School Choir
- 6 PM - Hocking County Children's Chorus
- 6:30 PM - HVCH Auxiliary Celebration of Lights
- 7 PM - Chinese Auction Drawing of Paw-Paw Trees



Grahm S. Jones, Columbus Zoo and Aquarium

Medicare Check-Up event Dec. 4

Hocking Valley Community Hospital is hosting a Medicare Check-Up Day with the Ohio Senior Health Insurance Information Program on Wednesday, Dec. 4 beginning at 10 a.m. in the HVCH meeting room.

This is an opportunity to stay informed about Medicare, stay healthy and save money by:

- Learning more about recent changes to Medicare.
- Find out how the Medicare Annual Election period that ends Dec. 7 can work for you.
- Get tips on how to enroll for 2020 coverage in a Medicare prescription drug plan (Part D) and/or a Medicare health plan.
- See if you qualify to save an average of \$4,000 on your prescription drug costs.

Counseling is by APPOINTMENT ONLY. Please call 740-380-8305 to schedule an appointment.

START YOUR CAREER WITH HVCH TODAY!

Apply @ www.hvch.org

- Desktop Support Technician - Information Services - Full Time
- Environmental Services Associate Housekeeper - Full Time
- Licensed Practical Nurse (LPN) - Behavioral Health Unit - Full Time
- Mental Health Tech (STNA) - Behavioral Health Unit - Contingent/PRN
- Nurse Practitioner - Psychiatric/Behavioral Health Services - Full Time
- Patient Registration Clerk - Contingent/PRN
- Phlebotomist - Full Time
- Registered Nurse (RN) - Inpatient Services - Part Time
- Registered Nurse (RN) - Behavioral Health - Contingent/PRN
- Registered Nurse (RN) - Behavioral Health Unit - Full Time
- Registered Nurse (RN) - Float - Full Time
- Registered Nurse (RN) - Special Care Unit - Full Time
- Respiratory Therapist - Full Time
- State Tested Nursing Assistant (STNA) - Inpatient Services Full Time

**BLOOD DRIVE
PINTS FOR POTTER**

Logan High School Auxiliary Gym
14470 State Route 328, Logan, OH 43138
Saturday, November 30, 8 a.m. – 2 p.m.

Donate Blood in memory of Mark Potter. Mark was a pillar of the Hocking County community at the young age of 28, known for his generous, giving spirit. Mark passed away unexpectedly in November 2018 while on duty at MedFlight and is missed by many. He dedicated his life to giving back to the community through his career with MedFlight, Hocking County EMS and the Logan Fire Department. He found fulfillment in helping family or friends with any task needed. He was also a dedicated Red Cross blood donor. Please give blood in honor of Mark.



To schedule an appointment call 1-800-RED CROSS, or visit RedCrossBlood.org, sponsor code: MarkPotter. Give 11/27-30 for a T-shirt (limited quantity) and a \$5 Amazon.com Gift Card by email.

**TWIG VI
Christmas Raffle**



**Tickets are \$5 each or 5 for \$20
Deadline to purchase tickets is Dec. 3**

7-foot pre-lit Christmas tree with 50 ornaments, 14-inch Santa, 15-inch reindeer, 3 velvet stockings, 2 tree skirts, 15 holiday jewelry pieces

Tickets available in the HVCH Administration and Specialty Clinic offices

All proceeds benefit Hocking Valley Community Hospital



Medical Records employees recognized

Recently the Medical Records department received a lovely bouquet of flowers from a family who was grateful for their assistance. While tending to the patient's request, the staff engaged the individual in meaningful conversation and in return she had her children deliver flowers and a card of appreciation to them. Keep up the great work Gwen & Peach!

LHSD conducts coat drive

The Logan-Hocking School District is conducting a coat drive. New and gently used coats, hats, scarves and gloves are being accepted at the administration office at 2019 East Front Street, Logan. They also will collect coats at 11AM at the Logan-Hocking County Library on the day of the Christmas Parade, Saturday, Dec. 7. Give-away is Saturday, Dec. 7 from 12-1:30 p.m. at the library.

Follow us on  | *Instagram*

Make sure you follow our Instagram page for the latest photos, tips, news, events, and updates!

@hockingvalleycommunityhospital

RURAL HEALTH

Congress continues to recognize the healthcare safety net provided by rural hospitals. They are vital in providing care to patients who would often not receive that care due to access issues. Between 15-20% of the U.S. population (62 million people) lives in a rural area. Critical Access Hospitals care for a higher percentage of Medicare patients than other hospitals because rural populations are typically older than urban populations.

"Those patients deserve access to the same quality of care as patients living in urban and metropolitan areas. Hocking Valley Community Hospital offers many services that you can receive without the burden of traveling for miles," Gabriel said. "We encourage you to refer to our hospital website to see if we are able to perform a particular test or procedure. You are also welcome to give us a call. We'll be happy to answer any questions you may have. You are our friends, neighbors, and family. We want the opportunity to take care of you right here in the community where you live.

Keeping our community healthy is important to us. That is why we will remain committed to 'Leading the Way to a Healthier Community.' Hocking Valley Community Hospital consistently looks for opportunities to bring care close to you. Our goal is to provide you with services that are affordable and are value-added. You can be confident when you choose Hocking Valley Community Hospital, you choose quality and compassion. I thank you for trusting us with the care of you or a loved one."

Since 2010, 107 rural hospitals have closed their doors, and there are an additional 673 rural hospitals that are at risk. Research shows the average critical-access hospital creates 170 jobs and generates \$7.1 million in annual salaries. Rural hospitals are an economic foundation of their communities - every dollar spent at rural hospitals generates about \$2.20 for the local economy.

For more information about the services offered at HVCH, please call 740-380-8000 or visit www.hvch.org.



Thanksgiving at HVCH

A special Thanksgiving meal was held for patients receiving occupational therapy at Hocking Valley Community Hospital. The patients helped prepare the meal as part of their therapy and enjoyed the traditional meal with one another and OT staff.



Rural Health Puzzle Winner announced

Lisa Nutter of the Pain Management clinic was the winner of the National Rural Health Day employee puzzle drawing. She is pictured with Beth Bell, Community Relations. Lisa received a bag of HVCH logo goodies. Thanks to everyone who played along. We love our rural hospital!



Grateful patient recognizes staff

Congratulations to the Urology and Coumadin clinics for their recent grateful patient recognition. Because of their great service to a patient, a monetary gift was made to the Foundation in appreciation. For more information about how you can show your appreciation through the Grateful Patient Program, please contact the Foundation at 740-380-8336.



Searching for a job?

Sign up for job alerts on our website at:
<https://hvch.applicantpro.com/jobs/>

Anytime a new career is posted, you will receive an email alert. Apply for the position directly from our website.

SECRET SANTA FOR SUPER SENIORS

Help brighten the life of a local home-bound senior this winter! We will have donation bins set up for a special gift for our Meals on Wheels clients. We will be accepting donations 10/24/19 through 12/4/19.

Suggestions include:

- Gloves & Hats
- Gift Cards for Pet Food
- Slippers & Socks
- Chapstick
- Cough Drops & Tissues
- Tea & Crackers
- *New items only please*

Drop-offs at:

- Hocking Valley Community Hospital
- Poochie Parlor, Logan
- Logan and Laurelville Libraries
- Subway Restaurant, The Plains
- HAPCAP Glouster Office

Regional Kitchen
 A Program of Hocking Athens Perry Community Action

HVCH ANNUAL HOLIDAY AFFAIR


“Christmas at the North Paw!”

As part of this year’s community annual holiday affair, Santa is bringing some of his furry “paws” from the Columbus Zoo and the local Hocking County Humane Society to celebrate the holiday with us!

Included in this exciting event, is the “paw-paw” tree competition/Chinese auction and we are asking you to consider participating. Proceeds go to the Hocking County Humane Society.

HOW IT WORKS:



- You and/or your organization registers by Nov. 30 to donate an artificial tree between 2-3 ft in height (table top.) There is no cost to enter. Decorations should be 100% animal themed and can be homemade or purchased. Consider trees decorated in stuffed animal toys, TV animal character themes, usable items such as lead ropes, collars, pet clothes, pet treats, or animal toys. Animal themed ornaments/lights, etc. The options are endless—check out Pinterest!
- Trees are to be delivered to HVCH between 10 am and noon on Monday, Dec. 2. at the CIC building next to the hospital. Enter through the side door and go to the first office on the right.
- Trees will be on display from 4:00 pm to 7:30 p.m. Tuesday, Dec. 3, and auctioned off through Chinese auction at 7:00 p.m. Winner need not be present to win.
- All tree lights should be battery operated only. Electricity not provided. 
- Guests will have the opportunity to judge 1st, 2nd, and 3rd places during the event.
- Auction winners may pick up their trees that evening or any day between Dec. 4-6th. Trees not picked up by this date will be donated to the Hocking County Humane Society. Winners are also encouraged to consider donating their winning tree to the local humane society to help with their needs during the winter months.

Organization Name



Contact Person and Phone #

Title of Paw-Paw Tree

Email Address

Entry forms may be mailed to HVCH c/o Latricia Johnston @ 601 St. Rt. 664 N, Logan, OH 43138, or emailed to ljohnston@hvch.org. For additional information please call 740-380-8336.



HOCKING VALLEY Community Hospital

OUR MISSION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

OUR VISION

To provide extraordinary care close to home now and into the future.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.