



HOCKING VALLEY
Community Hospital

LEADING THE WAY TO A HEALTHIER COMMUNITY

JULY 17, 2020

Weekly Update



HOCKING VALLEY
Community Hospital
FOUNDATION

VIRTUAL

GOLF

TOURNAMENT

AUGUST 2-13 (Sun.-Thur. Only)

Hocking Hills Golf Club, 14405 Country Club Lane, Logan

HVCH Foundation is excited to announce they WILL BE hosting their annual golf outing in August! To continue our efforts of preventing the spread of Covid-19, this year we will be doing a virtual golf outing.

If you haven't heard of a virtual golf outing, the process is easy. Register online then simply call the golf club and schedule a tee time at your convenience from Aug. 2-13 (excluding Fridays & Saturdays). When you are finished, turn in your scorecard to the clubhouse. The winner will be announced via a Facebook Live

event after the tournament.

Registration cost is \$100 per golfer - which includes greens fee, cart fee, golfer gift, snack bag & \$10 gift certificate to Hocking Hills Golf Club & Urban Grille. The certificate can be used at the clubhouse or for food and beverages (Grille is open Tues.-Sat.)

Prizes will be awarded to Low Gross and Low Net winners. Skins game is available with 50/50 cash payout. Mulligans, Skins Game and 50/50 raffle tickets are available for

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INSPIRATIONAL QUOTES OF THE WEEK

"We have three roles here on earth: to learn, to love, and to live. When we stop learning, we start to stagnate and die. When we stop loving, we lose our sense of purpose and become self-centered. When we limit our living, we deny the world the benefits of our talents.

— *Jim Cathcart, The Acorn Principle*

"Every day, think as you wake up, today I am fortunate to be alive, I have a precious human life, I am not going to waste it. I am going to use all my energies to develop myself, to expand my heart out to others; to achieve enlightenment for the benefit of all beings. I am going to have kind thoughts towards others, I am not going to get angry or think badly about others. I am going to benefit others as much as I can."

— *Dalai Lama*

"When the shriveled skin of the ordinary is stuffed out with meaning, it satisfies the senses amazingly."

— *Virginia Woolf*

Direct to You: From Roy Davis

The Covid-less Article

HVCH Updates:

• We have completed the move of the Hocking Valley Outpatient Psychiatry Department to the former Community Relations section of the hospital. I would like to thank everyone who pitched in and helped. These moves are very complicated from IT and telephone infrastructure to notifying all the payers, and so on. It went very smooth and with the new paint job and carpet cleaning, it looks very professional. We also did this move to take advantage of hospital based billing and 340B drug pricing that will be a big win for our patients.

• We also successfully moved the Coumadin Clinic to the Crow Building/RHC. This move was as complex as the Psychiatry move and I cannot thank our IT and Maintenance departments enough for their help and professionalism. We relocated the Coumadin Clinic to take advantage of better reimbursement as part of the Rural Health Clinic and also allow us to use the 340B prescription drug



Roy Davis,
Director of
Operations

program.

• We are anticipating the hardware to complete the telemetry project and will let everyone know when the next phase begins. I understand how frustrating this has been and I thank you for your patience.

• Our new RHC practice manager, Andrea Fullerton, LPN, officially starts on August 3rd. We are excited with Andrea bringing ten years of experienced leadership from a very busy dermatology practice.

Personal Updates:

• I have completed Netflix.

• I highly recommend watching Hamilton the musical on Disney. It is a really cool take on the founding of our country and yes I do have it memorized.

• We have been planning a wedding for September for our daughter, Lyndsie. We have a Plan A for a normal wedding, Plan B for you know what, and now Plan C because she injured herself playing tip cup slip and slide.

• New golf clubs, same results.

I want to thank everybody for staying calm and positive during these unpredictable and turbulent times. We keep looking and moving forward, and working as a team.

GOLF

purchase on the online registration form. The deadline to register is noon on July 31. Registration is online ONLY.

As many events have been canceled due to the pandemic, we are excited to provide this opportunity to play a round of golf in a safe manner while helping to support Hocking Valley Community Hospital!

For more information, call 740-380-8110. To register online, please visit:

<https://app.etapestry.com/onlineforms/HockingValleyCommunityHospital/2020GolfTournament.html>

50/50 Golf Raffle

Drawing Monday, Aug. 17

TICKETS ARE 6 FOR \$5

Winner receives 50% of the pot;
Proceeds benefit HVCH Foundation
Winner need not be present to win

Visit [www.https://app.etapestry.com/onlineforms/HockingValleyCommunityHospital/5050.html](https://app.etapestry.com/onlineforms/HockingValleyCommunityHospital/5050.html) to purchase tickets

HVCH Cafeteria Menu July 20-July 24

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Chicken Fried Rice Sloppy Joe French Fries Carrots Cabbage Broccoli	Meatball Sub Chicken Fingers Spinach/Cheese Casserole Oven Fried Potatoes Cauliflower Breadstick	Turkey Burger Bacon Cheeseburger Grilled Corn/Bacon Broccoli Onion Rings	Chipotle-like Day Loaded Nachos Fried Rice Black Beans Fiesta Corn	Hot Dog/Bun Breaded Cod Square Green Beans/Bacon Vegetable Medley Brussels w/ Bacon

How To Make Easy Caprese Salad with Balsamic Glaze

INGREDIENTS:

- 3 to 4 medium ripe tomatoes (about 1 1/2 pounds), sliced 1/4-inch thick
- 1 pound fresh mozzarella cheese, sliced into 1/4-inch-thick rounds
- 1/2 cup packed fresh basil leaves
- Flaky sea salt
- Freshly ground black pepper
- 2 tablespoons extra-virgin olive oil
- 2 tablespoons balsamic glaze

INSTRUCTIONS: (<https://www.thekitchn.com>)

1. Place the tomatoes and mozzarella on a platter. Arrange tomatoes and mozzarella on a platter in an alternating pattern.
2. Top with the basil leaves. Scatter the basil leaves over the tomatoes and mozzarella.
3. Season with flaky salt and black pepper. Sprinkle with a generous pinch of flaky salt and several grinds of black pepper, to taste.
4. Drizzle with the olive oil and balsamic glaze. Drizzle the olive oil and balsamic glaze over the tomatoes, mozzarella, and basil. Serve immediately.



Welcome new employees

HVCH welcomes the following new employees for the month of July: Mary "Katie" Prim, MLT, Laboratory; Andrea Fullerton, Practice Manager, RHC; Amanda Neal, RN, Inpatient; Kaylyn Nichols, STNA, Inpatient; Rachel Taborn, Admitting Clerk, Admitting; Wayne Ronk, EVS Associate; and Amber Morris, RN, Inpatient. Welcome to the team!



START YOUR CAREER WITH HVCH TODAY!

Apply @ www.hvch.org

- Environmental Services Associate/ Housekeeper - Full Time, Afternoon Shift
- Environmental Services Associate/ Housekeeper - Part Time, Afternoon Shift, Variable Hours
- HVAC Maintenance Technician- Full Time
- Medical Laboratory Technician/Medical Technologist (MLT/MT) - Full Time
- Mental Health Tech - Behavioral Health Unit - Contingent/PRN
- Registered Nurse (RN) - Inpatient Services - Full Time - Day Shift
- Respiratory Therapist - Contingent/PRN
- State Tested Nursing Assistant (STNA) - Full Time - Nights



HVCH PSYCHIATRY

**DR. JOHN AZIZ,
PRAMODA FATEHCHAND, PA
& LEAH GARRISON, NP**

*Now seeing patients at
HVCH Main Building*

*601 S.R. 664 North, Entrance B
New Phone #: 740-380-8410*



HVCH COVID FAQs

As the hospital continues to respond to the COVID-19 pandemic while resuming regular services, we wanted to provide a list of commonly asked questions our patients may have. We will provide questions and answers in this newsletter every week as well as post them on our social media channels. A full list can be found on our hospital coronavirus page at <https://www.hvch.org/hospitalnews/coronavirus-update/>.

13. What if I do not have a mask and you are requiring it? Anyone entering the facility must wear a face covering, including patients and staff. Any type of face covering (face mask, bandana, etc.) may be worn as long as it covers the nose and mouth.

14. Am I allowed to bring a support person? At this time, the hospital has visitor restrictions in place. Minors may have one parent or caregiver stay with them during their visit. Adults needing assistance may have one caretaker in attendance. All other visitors wishing to wait for patients are advised to do so in their personal vehicle. Patients scheduled for outpatient surgery may have visitor/support person in the building.

COVID testing at HVCH

Hocking Valley Community Hospital is now able to offer Outpatient Testing for COVID-19 at our Rural Health Clinic in addition to performing the testing at the hospital. ALL patients must still meet the criteria for testing, however, the Rural Health Clinic provides another location and minimizes the need to come to HVCH for COVID testing.

If you feel you are exhibiting signs and symptoms of COVID and need tested, we encourage you to contact your Primary Care Provider. They are able to screen you for the need to be tested and then make a referral to the Rural Health Clinic. If you do NOT have a Primary Care Provider, you can contact our Rural Health Clinic at 740-385-0202 and they can schedule a screening appointment for you. If it is determined you require testing, they will make that appointment and provide further instructions.





HOCKING VALLEY Community Hospital

OUR MISSION

To provide our community an unparalleled patient experience through world class service that is both compassionate and professional.

OUR VISION

To provide extraordinary care close to home now and into the future.

HVCH is a critical-access hospital located in the city of Logan, Ohio, which serves residents in Hocking and surrounding counties. With more than 325 employees, our staff is here to serve the residents and visitors of our Hocking Valley community through various ancillary and emergency care services. HVCH is Joint Commission accredited, and we offer a wide range of primary, acute, and rehabilitative services. We are pleased to provide 24-hour emergency services to our patients through our ER and Urgent Care. Additionally, our surgical center, rehabilitation center, physical therapy clinic, pain control and wound clinic, imaging, laboratory, cardiovascular/cardiopulmonary, sleep clinic, geriatric psychiatric, and oncology services are also available. We are proud of our facility. HVCH is affiliated with OSUWMC, improving healthcare services to the Hocking and surrounding counties in the areas of general surgery and orthopaedics. HVCH also is a part of the Ohio State Health Network.